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## My Fifth Christmas Without You

My Dearest Jamie Lynn,

When you left us, I didn't think I was going to live another five minutes. Now here I am five Christmas's later still struggling every day without you. Time does not heal all things. For me time has healed nothing. My life has been divided into two parts: time spent with you; time spent without you. My heart is still broken, and I am convinced that it will not heal until I see you again! I fully believe that my broken heart is going to reunite me with you some day! My brain remains in a fog. I just can't think like I used to and nothing at all is the same without you here with us! I miss you so much!

Of course we will celebrate Christmas and be together for the little kids. They are so special and such a blessing but its not the same without you. You made such an impact on so many people in your short life that you left a big hole that can't be filled. There is a feeling at all our family functions that something is missing and that is because you are missing. I will never forget how you loved Christmas and special gifts. As I look around at the chaos on Christmas morning with paper and toys flying everywhere, all the noise and excitement, I break down because I can't find you there. I am sure Christmas is beautiful in Heaven but that doesn't help me here. All the things I thought I knew now I am not sure of much.

I can't understand why you had to leave us and your two beautiful kids. It seems so cruel and unfair. Their lives will not be the same without you being with them every day to guide them through all the big events and milestones in their lives. Your Mom, brothers and myself are all different. You were a piece of all of us that we are now missing. We all love you and miss you so much! I think of you constantly every day and have reminders of you everywhere I go. The grief still knocks me down on some days. The fog of grief wears on me daily. I constantly pray and look for you and at times I know you are there beside me. I have run out of words to describe how it feels to lose you and try to go on without you.

We continue to try to do good things for kids in your name. I hope you can see the kids and families we help and hopefully we change their lives in some small way. I talk about you always to everyone who will listen. There really are so many people that love and miss you and pray for all of us. You have made me a better person and I am working hard to do what God has planned for us so we can be together again some day.

I am sure that we can't imagine the beauty and peace of Christmas in Heaven but I do know that your presence will make it even more special. Fly free with the angels and rest in peace my beautiful girl. I love you with all of my heart. Merry Christmas

Xoxo  
Jamie's Dad  
Christmas 2022

